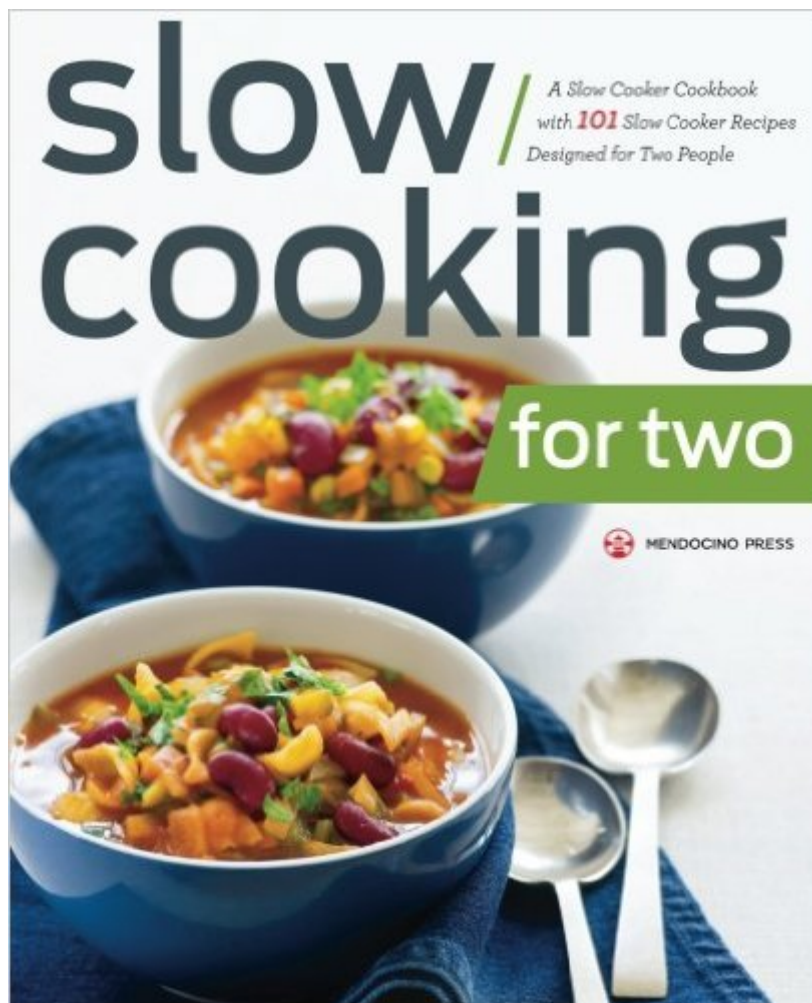


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# Slow Cooking For Two: A Slow Cooker Cookbook With 101 Slow Cooker Recipes Designed For Two People



## Synopsis

NEW YORK TIMES BESTSELLER#1 Bestseller in Cookbooks, Food & Wine If you're short on time, few in numbers, and craving the comfort of a home-cooked meal, *Slow Cooking for Two* is here to save the day. No matter if it's a rushed morning or a hectic weeknight, *Slow Cooking for Two* will help you create simple and delicious meals for just two people that are satisfying without requiring hours of preparation. *Slow Cooking for Two* will save you time and money with more than 100 easy one-pot meals designed specifically for 1- and 2-quart slow cookers. You'll learn how to make the best of cooking for two, with soups, stews, casseroles, and desserts that are completely no-fuss. Try time-tested *Slow Cooking for Two* recipes like Beef Burgundy, Chicken Pot Pie, Mac and Cheese, and Turtle Brownies. Whip up incredible one-pot meals that will make cooking for two a no-brainer, including *Slow Cooking for Two* favorites like Short Ribs with Polenta and Meatloaf with Potatoes. Besides 101 simple recipes, you'll learn practical techniques for slow cooking for two, including tips for efficient shopping, food preparation, and storage. With hearty recipes and simple instructions, *Slow Cooking for Two* will make it easy for you (and one more!) to enjoy delicious and hassle-free meals.

## Book Information

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## Customer Reviews

Almost all of the recipes in this book start with "in a small skillet..." or "in a small saucepan..." My crockpot is for throwing stuff in and leaving. We both have very busy lives and just want to come home to a yummy dinner without a bunch of work and dishes. The recipes do sound delicious, but

even the "One-Pot Meals" section of the book has many recipes requiring a skillet. That's a two pot meal. This book is mainly just going to be for weekend cooking, I guess. Also, there isn't a single picture in this book.

• "Slow Cooking for Two" by Mendocino Press is the best cookbook I've read yet on slow cooking. Since my husband and I are busy "empty nesters", I've used my slow cooker for the usual beef stew or chili recipes. Completely unoriginal. And I still cook too much food for two people. This book is very thorough with ingredients tailored for a couple. Great tips included like how to make a foil sling to slow-cook meatloaf, & flouring meat before cooking so your gravy will be ready when the meat is. I got some terrific ideas I'd never thought of trying in a slow cooker. This weekend I'm going to try the Caramel French Toast so we can wake up to a hot breakfast! And Garlic Shrimp is definitely on my to-cook list real soon! The only thing that would have improved this book is pictures of the finished dishes. I got this book for free, but it's well worth the \$5.99 price and would make a thoughtful gift for a special couple.

There is too much use of highly processed ingredients for my lifestyle. I don't like adding canned foods to what I am preparing because I don't like putting in anything that I have not seen prepared. Canned soups and other ingredients incorporated into some of the recipes may make the preparation easier but not healthier. If you don't mind that aspect, I have found several recipes that I could adapt to my ways. They were easy and delicious.

I never knew there was so much work involved with slow cooking before I read this book. This book shows the intricate details of slow cooking a variety of dishes for two. From the typical soups and stews to other less known slow cooking recipes like french onion dip and apple cobbler. Press also gives vital information for anyone who might be cooking and shopping on a budget with neat facts from food vitality to storing food long after the expiration date (although I felt like a lot of those facts were more personal than founded professionally). The only thing that I really didn't like about this book was the lack of illustrations on the kindle version at least, I'm not sure about the paperback version and whether that one has any illustrations. The lack of pictures for at least the recipes makes it look homemade and cheap. Other than that, good book with a lot of great recipes.

This book totally changed the way I look at my slow cooker! In the past I rarely used it and resented how much cabinet space it took up, but now I pull it out far more often. I thought of it as being

reserved for holidays or big crowds. Especially because I am just cooking for myself and my husband, the ability to use a slow cooker for two has been a real game-changer in our household. My favorite tip from the book is to use cooking bags. You can buy them at the grocery store and they line the slow cooker completely—so clean up is literally as easy as tossing the used cooking bag in the trash. No scrubbing the slow cooker = win! There are also tons and tons of recipes in the book, so even though I don't eat meat I found plenty of options that worked for us.

It seems that cookbook writers these days feel the need to blather on about the whys and whatfors of their particular styles of cooking. You'll get 3 or 4 chapters of proselytizing and then the recipes. It's all well and good but I don't care about the writers' agendas, typically. However, the couple of chapters of Slow Cooking for two prior to the recipes are helpful tips for shopping and storing food for two, and general tips on what types of food to buy for your slow cooker. Even tips on how to modify new recipes for old slow cookers and old recipes for new slow cookers. The book seems to be aimed at young couples who may not know how to shop efficiently but I don't care because I can't wait to have breakfast waiting for me when I get up in the morning.

I got this book because I realized after getting a Slow Cooker I only knew a meat and veggie combo or 1 chili recipe, but that gets old fast. I knew I wanted to avoid fast foods, but not spend more time in the kitchen prepping dinner. This book was better than I could imagine. I save time and can make my own fresh meals easily. Saving time was most important. This book is perfect for Slow Cooking. I learned I could use this for breakfast meals too. From the Caramel French Toast to soups, casseroles, crustless quiche, several chili recipes and so much more! There's even dessert recipes like Chocolate Fondue or Peach Crumble. I loved the Jambalaya and Chicken & Dumplings. I recommend this for anyone wanting to use their Slow Cooker for any meal!!!

I love "Slow Cooking for Two" by Mendocino Press because I am a remarkably unimaginative cook. And thus, I cook the same things in my slow cooker all the time. This book has dozens of great recipes, and it also has excellent advice and tips that even a seasoned cook can benefit from. There are nine chapters, each containing delicious recipes, such as mushroom hash browns and chocolate cheesecake. This book has a fun voice (see how to have fun cooking as a couple--cute!), concise instructions and a lot of variety for those who may be vegan or have other ingredients restrictions. My only criticism is it has no photos. I like to see what the food is supposed to look like.

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